



Network of the
National Library of Medicine

Region 6 Update
OHSLA Annual Meeting
October 20, 2023

Our Team



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Classes in Development

- NIH Public Access Policy for Librarians
- Mental Health in the Workplace
- Complimentary and Integrative Health





New: Telehealth Moodle and Webinar Series



Welcome to Telehealth 101: *What libraries need to know*

- Infrastructure and technology
- Privacy and ethical considerations
- Library health information resources

Updated: ClinicalTrials.gov for Librarians

A banner for ClinicalTrials.gov with a dark blue background. On the left, white text reads "ClinicalTrials.gov is a place to learn about clinical studies from around the world." Below this is a white button with the text "About ClinicalTrials.gov". On the right, there is a 3D illustration of a smartphone displaying a bar chart with blue and green bars, a magnifying glass, and a stethoscope.

ClinicalTrials.gov is a place to learn about clinical studies from around the world.

About ClinicalTrials.gov

- Modernized ClinicalTrials.gov website
- Next class: January 31, 2024



Bone up on PubMed!

How PubMed Works series in November:

- Introduction Nov. 7
- Selection Nov. 9
- MeSH Nov. 14
- ATM Nov. 16





NNLM Data Carpentry Workshop



- February 19-20, 2024
- Fundamental data skills
- For those with little to no computational experience

NNLM Forum on Disaster Preparedness



NNLM Environmental Determinants of Health Webinar Series



- Launching January 2024
- New national webinar series



Region 6 Speaker Spotlight Webinar Series

SPEAKER SPOTLIGHT SERIES

AI, Higher Education, and Medical Librarianship: Opportunities and Risks

**TUESDAY, AUG. 15TH
12:00PM - 1:00PM CST**

SPEAKER:

Michael Flierl

Associate Professor & Student Learning Librarian,
The Ohio State University





NNLM Health Misinformation Webinar Series



November 1

Deciphering the Social Media Pulse: Twitter's Role in Shaping COVID-19 Health Beliefs and Vaccine Perceptions

NNLM Discovery Podcast

- Explores how NNLM is engaging with communities to provide access to trusted information to improve the public's health
- Currently 11 episodes



NNLM Reading Club

- Toolkit to help librarians be engaged partners
- New keyword search function
- MLA book chapter in the works



What is the Reading Club

Learn more and find tips for facilitating a health discussion.



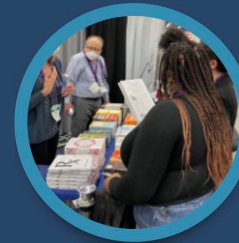
Recommend a Book

Do you have a book to recommend? Tell us. We may select it.



Share Your Story

Have you used the Reading Club? Share your thoughts.



Diverse Voices Toolkit Collections

Build collections that reflect the communities you serve.



Reading Club Collection

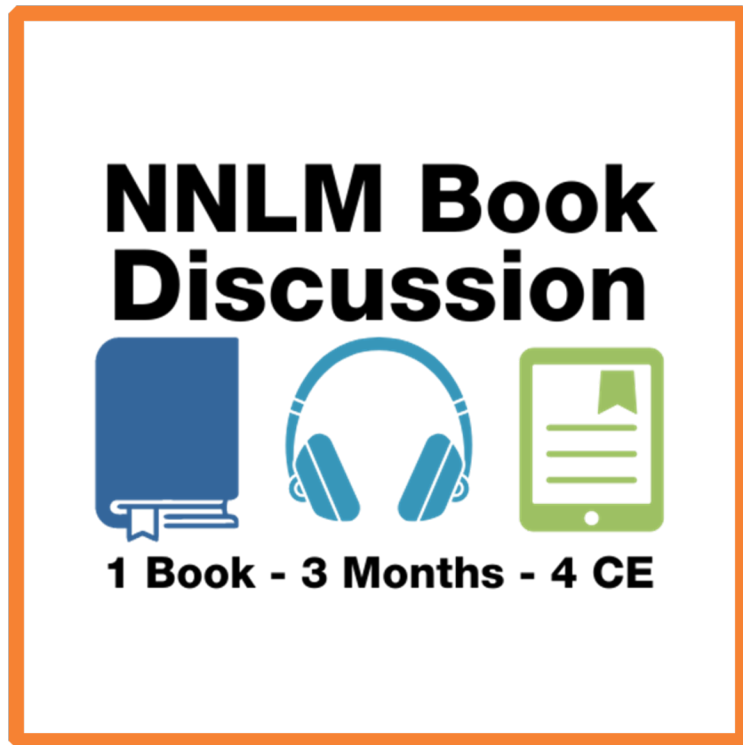
Download the complete 2018-2021 NNLM Reading Club Collection - including discussion guides!



The Rest of the Story

From 2020-2021, the NNLM Reading Club hosted five virtual author talks. Watch the recordings.

NNLM Book Discussion



November 1, 2023 - January 31, 2024

Palaces for the People: How Social Infrastructure can Help Fight Inequality, Polarization, and the Decline of Civic Life

Eric Klinenberg

NLM Product Guides

- DailyMed
- LactMed Drugs and Lactation Database
- MedlinePlus and MedlinePlus Espanola
- MedPix
- NLM History of Medicine
- NLM Scrubber
- PubChem
- RxNorm and RxNav

Intended Users: Healthcare Providers | Information Professionals | Researchers

LactMed Drugs and Lactation Database

Description: LactMed is an online database that provides peer-reviewed information on over 1,600 drugs and chemicals that breastfeeding people and their infants may be exposed to. LactMed has information about substances that can be found in breastmilk or in an infant's blood, and possible adverse side effects in nursing infants. This resource provides information about possible alternative medicines and links to related medical literature. It is updated monthly.

Popular uses of this product:

Healthcare Providers	Information Professionals	Researchers
<ul style="list-style-type: none">• Read summaries of and case studies about the risks of using certain medications for pregnant or breastfeeding patients.• Find alternative medications for pregnant or breastfeeding patients.	<ul style="list-style-type: none">• Help patrons find the correct drug name to look up in LactMed.• Help patrons find referenced PubMed articles and related medical literature.• Download a PDF version of LactMed to access offline.	<ul style="list-style-type: none">• Download normalized and peer-reviewed data from referenced medical literature for analysis.• View adverse effects of a drug on breastmilk and infants.• Find summaries of drug levels in breastmilk and effects on infants.

Key Points:

1. LactMed provides information about the presence of certain chemicals, medications, or substances in breastmilk and the potential for adverse effects in nursing infants.
2. Information in LactMed is based on biomedical literature in PubMed and is peer reviewed by subject specialists.

Potential Predicaments:

1. LactMed entries contain medical jargon. Refer consumers to MedlinePlus for information about drugs in breastmilk.
2. Information about new treatments or drugs may not be immediately available on LactMed. The most current research may be found on other sites such as PubMed.
3. LactMed is in the public domain, so information can be freely used and distributed. However, if someone wishes to translate the information, they must agree to NLM's terms and conditions.

Teaching Examples:

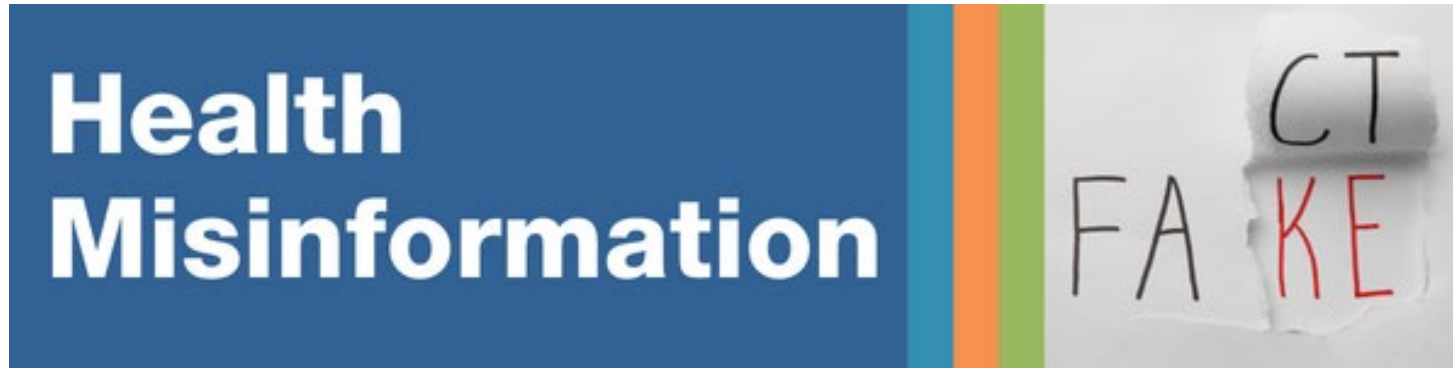
1. Have participants search for "aspirin." Identify one listed reason why aspirin may be unsafe to take while pregnant. Find a drug that pregnant or breastfeeding people can take as a potential alternative. Review the References and find a freely available article on PubMed Central.
2. Have participants search for "acetaminophen." On the right-hand side, under "LactMed Support Resources," select "Drugs and Lactation Database (LactMed) - Record Format." Under the section "Drug Levels" have participants identify what "Infant Levels" means.

Real Life Examples:

1. A doctor has a pregnant patient who is currently taking a selective serotonin reuptake inhibitor (SSRI) medications, which are typically used as antidepressants. The doctor uses LactMed to review medication risks for the patient or their infant, and if there are any suitable alternative medications.
2. A nurse uses information on LactMed to learn about the symptoms an infant may exhibit if they consume specific drugs through breastmilk.



NNLM Health Misinformation Resource Guide



- New comprehensive guide
- Collection of resources, tutorials, presentations, and more



Partner Outreach Program

- 15 ambassador organizations
- Partnering to expand outreach and increase membership
- Identifying health information needs at the community level





State Advisory Groups

Ohio: Menstrual Health

1 in 4
Females miss school or work
monthly from not having access
to products

- Raise awareness for period equity
- Reduce stigma surrounding menstruation
- Share trustworthy health information



Thank you!



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